



**NORDHORDLAND** – the coastal jewel between Bergen and the Sognefjord!

# **NORDHORDLAND**

# **Product Manual**

## **2006-2007**



**NORDHORDLAND TOURIST BOARD**  
[www.visitNordhordland.no](http://www.visitNordhordland.no)

# **WELCOME TO NORDHORDLAND**

## **A coastal jewel between Bergen and the Sognefjord!**

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## 1. NORDHORDLAND TOURIST BOARD

Nordhordland Tourist Board  
& Authorised Tourist Information in Knarvik.  
Kvernhusaugane 1,  
P.O. Box 108, NO – 5903 ISDALSTØ  
Knarvik, Norway  
Tel: +47 56 35 16 01 \* Fax: +47 56 35 21 60  
[info@visitNordhordland.no](mailto:info@visitNordhordland.no)  
[www.visitNordhordland.no](http://www.visitNordhordland.no)  
*Director of Tourism: Anne Marie Reistad*  
[anne.marie@visitNordhordland.no](mailto:anne.marie@visitNordhordland.no)

### Nordhordland Tourist Board

Established in 1987.

Nordhordland Tourist Board is a coordinating link and membership organisation for the tourism industry in destination Nordhordland - the area covering the municipalities of Lindås, Meland, Radøy, Fedje, Austrheim and Masfjorden.

We work with product development and national and international marketing of Nordhordland as a tourist destination. We will be happy to help you organising an exciting and interesting holiday and daytrips from Bergen, for your guests and ours. We will do our best to provide the information you need for an unforgettable experience.

### Tourist Information Office in Knarvik

The authorised Tourist Information Office in Knarvik is situated centrally in Knarvik Senter. Besides free help and advice we can assist you in booking of accommodation, maps and brochures of the area as well as a wide range of travel guides, brochures and information for all parts of Fjord Norway & Norway. We can also book Norwegian, English and French speaking guides. The tourist information is open all year.

### OUR MUNICIPALITIES

**Meland** - Packed with idyllic corners and historical jewels - memories of the times when the sea was the main means of communication.

**Lindås** - A fjord and coastal municipality - full of contrasts, with the mountains rising steeply from the sea in the East.

**Radøy** - the «green island» of Nordhordland and packed with culture. The beautiful, lush landscape rolls leisurely and lazily towards the North Sea.

**Austrheim** – situated in the far north-west of Hordaland with its distinctive heather moors. In the Viking Age moors like these were to be found all along the coast of Europe - from Norway to Portugal. Equally typical of Austrheim are the coastal waters, with the hundreds of islands and skerries, narrow inlets and sheltered coves - a paradise for pleasure boating.

**Fedje** - or Feie as the locals pronounce it, lies broadside to the ocean and is Norway's westernmost

municipality. Fedje is the sea-angler's paradise!  
**Masfjorden** – varied and beautiful landscape - from the naked skerries out by the Fensfjord to the impressive mountain landscape 1000 metres above the sea.

## 2 FACTS AND HISTORY

Nordhordland – the tourist destination between Bergen and the Sognefjord!

30 minutes north on the mainroad E39 from the city of Bergen!

**From 1th January 2006 it is free to cross the Nordhordland Bridge – The gateway to Nordhordland!**

Author Gunnar Staalesen wrote:

*"From the outermost reefs, where the ocean's swell laps at the rocky shore like Nature's beating heart, across heathlands and sounds, fields and outlying land, knolls and hills, until the point where the landscape rises steeply up towards the mountains, with mountain farm after mountain farm extending all the way to the horizon - Nordhordland is like a miniature version of Norway. If this entire region from the island of Fedje to the mountains of Stølsheimen were to break off from the mainland and be set adrift, it would still contain most of the geographic features that Norway has to offer – with one exception: there are no glaciers in Nordhordland. The ice has disappeared for ever".*

Whether you are on a day trip or a tour lasting several days – on the main road E39, the trunk road, country roads, the cultural road, or the sea route – you will journey through our six proud municipalities:

Meland - The gateway to Nordhordland  
Lindås - Heathlands and outdoor pursuits  
Radøy - The green island  
Austrheim - Coastal community and island kingdom  
Fedje - A paradise for sea anglers  
Masfjorden - From the fjord to the mountains

We will take you through the heathlands, past drystone walls out to a coastal landscape and beyond, through narrow sounds and channels, up fjords towards high mountains!

Only 30 minutes from Bergen across the Nordhordland Bridge – the world's longest pontoon bridge without lateral anchorage, you will enter the region of Nordhordland. You're welcome to come and enjoy what Nordhordland has to offer on land and sea  
- you will find it an enriching experience!

### 3. ATTRACTIONS AND ACTIVITIES

#### NORDHORDLAND BRIDGE

Crossing: FREE. 1610 metres long

**Description:**

The longest pontoon bridge in the world without lateral anchorage opened in September 1994.

Gateway to Nordhordland.

#### THE HEATHLAND CENTRE

Ytre Lygra, 5912 SEIM

Tel: +47 56 35 64 10 Fax: +47 56 35 64 20

[post@lyngheisenteret.no](mailto:post@lyngheisenteret.no)

[www.visitnordhordland.no](http://www.visitnordhordland.no)

**Opening hours:** For groups: All year by arrangement, otherwise;

May - September:

Wed.-Thurs.-Friday 12-16

Sunday 12-18

**Entrance fee:** Information Centre and Cafeteria: free  
Film and exhibition:

Adults NOK 40 Child NOK 20 Family NOK 100

Groups NOK 30 per person

Guided walk in the heathlands (1,5h):

Adult NOK 60 Child NOK 30 Family NOK 150

Group NOK 50 per person

**Description:**

The Heathland Centre at Lygra is an information centre about the coastal landscape. The timeless coastal heathlands are the cultural legacy of the fisher-farmers and their frugal way of life. Guests here can wander along prepared tracks through a historical landscape that has remained unchanged for 5000 years. The extensive heathlands are maintained in the traditional manner through active farming. The information centre hosts interesting and exciting touring exhibitions and provides guided heathland walks and farm visits. The centre has conference rooms for up to 50 persons and a well-equipped auditorium. Traditional food, including its speciality, wild sheep dishes, are served in the restaurant.

**Location:** The Heathland centre is situated at Lygra in Lindås municipality. 50 minutes from Bergen and 30 minutes from the regional centre, Knarvik. Good parking available. Separate parking spot for buses.

#### WESTERN NORWAY EMIGRATION CENTRE

5939 SLETTA, RADØY

Tel: +47 56 37 20 00

[rune.mellingen@online.no](mailto:rune.mellingen@online.no)

[www.visitNordhordland.no](http://www.visitNordhordland.no)

**Opening hours:** For groups: All year by arrangement, otherwise; June 17-Aug 13 Daily 12-17

**Entrance fee:** Adults: NOK 30 Child: NOK 10

Separate group programme.

**Description:**

The Western Norway Emigration Centre tells the story of emigration from Hordaland and Sogn and Fjordane to America in the 19th century. The emigrant church, Brampton Lutheran church, has been brought over from North Dakota in the USA and rebuilt at Sletta. A school house, town hall, jail, a doctor's surgery and teacher's house from the pioneer times have also been brought over and rebuilt here. Four memorial stones have been erected in commemoration of North American history and the Norwegian contribution during World War II. One commemorative stone illustrates the connection of the Western Isles of Viking times. There is also an emigratoin archive at the centre.

**Location:** At Sletta in Radøy municipality. 45 minutes from Bergen and 25 minutes from the regional centre, Knarvik.

#### HILLESVÅG ULLVAREFABRIKK

5915 Hjelmsås

Tel: +47 56 35 78 00 Fax: +47 56 35 78 10

[hillesvaag@ull.no](mailto:hillesvaag@ull.no) [www.ull.no](http://www.ull.no)

**Opening hours:**

Mon - Fri 8.00 - 16.00, Saturday 10.00 - 14.00.

**Guided Tour :** free

**Description:**

The factory outlet has the greatest collection of Norwegian knitwear in Nordhordland, including sweaters and cardigans from Oleana and Norlænder, woollen underwear for adults and children from Janus and socks from Safa. Other products include silver jewellery from Huldresølv, silk scarves from Tyrihans, felt slippers (boots), hand-made products in felted wool, woollen rugs, books of patterns, tapestries, carded wool for felting and yarn for knitting, crocheting and weaving.

Hillesvåg Ullvarefabrikk was founded in 1898. The factory still makes woollen yarn and carded wool for felting on traditional equipment. The guided tour takes you through the entire production process  
**Location:** At Hjelmsås in Lindås municipality. 30 minutes from Bergen and 10 minutes from the regional centre Knarvik. Good access and ample parking.

#### MELAND GOLF COURSE

5918 Frekhaug

Tel: +47 56 17 46 00 Fax: +47 56 17 77 22

[melandgk@online.no](mailto:melandgk@online.no) [www.melandgolf.no](http://www.melandgolf.no)

**Opening hours: Every day from 08.00**

**Price:** Mon - Fri NOK 350, Sat - Sun NOK 450.

Equipment for hire: half a sett NOK 100, full sett NOK 200.

**Description:**

This is one of the best 18-hole golf courses in Europe. Designed by Robert A Hunt it is already predicted to be one of Europe's best newly established venues, enjoying a unique setting amongst forests, lakes and

mountains set in an area of 225 acres. The magnificent natural surroundings are ideal for walking, riding, canoeing/kayaking, sea and freshwater fishing and outdoor pursuits. The golf course has a pro shop and cafeteria "Hull 19" (the 19<sup>th</sup> hole), golf cars for hire and conference facilities for 60 persons. Packages including transfer, green fee, hire of equipment and meals can be arranged for groups.

**Location:** 40 minutes from Bergen and 15 minutes from the regional centre Knarvik.

#### **TJOREHAGEN – THE TJORE GARDEN**

5938 Sæbøvågen

Tel: +47 56 37 11 45 / +47 90 50 85 60

[post@tjorehagen.no](mailto:post@tjorehagen.no) [www.tjorehagen.no](http://www.tjorehagen.no)

**Opening hours: May-September 11-16**

**Entrance fee:** Adult NOK 45, Child NOK 20  
Family NOK 100

Groups more than 10 persons NOK 40 incl. guiding

#### **Description:**

The Rhododendron Garden - The life's work of Olav Tjore - is unique in Scandinavia, and an unforgettable nature experience. The natural garden has a large collection of Rhododendron bushes, trees and exotic shrubs. Several artificial lakes with fish and aquatic plants, and a dry stone bridge. The garden covers about 4 acres, and some of the paths are suitable for wheelchair-users. Various types of rhododendron, heather and rare plants for sale. Guests can also buy coffee, tea, mineral water, ice cream, waffles and "lefse" cakes. There is a comfortable cabin with open fireplace located in the middle of the garden. Meetings and dining available for small groups (10 – 12 persons). **Location:** In Radøy municipality, 30 minutes from Bergen and 10 minutes from the regional centre Knarvik. Spacious car park, also for coaches.

#### **HOLMESTOVA AND SJØBUA**

5918 Frekhaug

Tel: +47 56 17 10 00 / +47 56 17 10 01

**Opening hours:** Every Sunday in June 14-17

Every Sunday in August 14-17

Guided tours for groups outside opening hours.

**Entrance fee:** NOK 20

#### **Description:**

Holmestova cottage, dating from 1551, is the oldest house in Nordhordland and part of the cultural heritage protection area.

**Location:** In Meland Municipality, 30 minutes from Bergen and 10 minutes from the regional centre Knarvik.

#### **HÅKONSHAUGEN BURIAL MOUND**

5912 SEIM

**Contact:** Lindås municipality Tel: + 47 56 37 50 00

**Opening hours:** all year

**Entrance fee:** Free

#### **Description:**

The Håkonshaugen burial mound is a historical monument commemorating Håkon the Good who ruled Norway in the years 933-960. Both legend and written sources claim that he was buried here in the year 961. The mound and visitor facilities were completed in time for the 1000<sup>th</sup> anniversary and the monument was opened by King Olav V in 1961. Håkonshaugen, located on a plateau in the middle of the hamlet of Seim, is well worth a visit. From the gate to the altar the monument clearly tells of the spiritual battle raging among the people a thousand years ago; the battle between the cross and the sword, between paganism and Christianity. Håkon the Good was the first Norwegian king to attempt to introduce Christianity in Norway. The monument has been chosen as the millennium site for Lindås Municipality. The historical Håkonarspelet play is performed here every year in August.

**Location:** At Seim in Lindås Municipality, 30 minutes from Bergen and 10 minutes from the regional centre Knarvik.

#### **BOGATUNET MUSEUM**

5936 Manger

Tel: +47 56 34 90 00 / +47 56 34 90 01

**Opening hours:** Every Sunday in July and August 14-19 Otherwise by arrangement. Guided tours for groups outside opening hours.

**Entrance fee:** Adult NOK 20, Child NOK 10.

**Description:** Bogatunet is an old farm dating from the 17<sup>th</sup> century. The cluster of farm buildings is situated in a historical coastal landscape. The buildings and historical collection show visitors what it was like to live and farm here in former times.

**Location:** At Boga in Radøy Municipality, 50 minutes from Bergen and 25 minutes from the regional centre Knarvik.

#### **THE BJØRN WEST MUSEUM**

5984 MATREDAL

Tel: +47 56 36 63 00 / +47 56 36 62 46

[sigrsolh@online.no](mailto:sigrsolh@online.no) [www.bjornwest.no](http://www.bjornwest.no)

**Opening hours:** May&September  
saturdays/sundays 13-16

June-August mon-fri 11-16

**Entrance fee:** Adult NOK 30, Child NOK 10  
Groups NOK 20 per person (minimum 10)

#### **Description:**

The Bjørn West Museum at Matre presents the work of the resistance movement during World War II. The museum has taken its name from a guerrilla base established in the mountains around Matre during the last six months of the War. Exciting and interesting Norwegian war history with an impressive collection of authentic weapons, equipment and personal effects. Multimedia show with Norwegian / English / German

speech. Photos, audio-visual show, texts, films and interviews with war veterans will give you an understanding of unit's everyday life and a small village at war.

**Location:** Matre in Masfjorden Municipality, 80 minutes from Bergen and 60 minutes from the regional centre Knarvik.

#### **MATRE HOTEL**

5984 Matredal

Tel: +47 56 36 64 00 Fax: +47 56 36 64 01

[hotel@matrehotel.no](mailto:hotel@matrehotel.no) [www.matrehotel.no](http://www.matrehotel.no)

#### **Description:**

Matre Hotel is an old wooden building in what the Norwegians call "classic swiss style". It dates back to Hanseatic times with connections to the World Heritage Site "Bryggen" hanseatic wharf in Bergen. The hotel was moved from "Bryggen" in 1912 and rebuilt at Matre. The facility was run as a tourist hotel until the 1950's, and refurbished in year 2000. It is now a museum hotel with a quiet atmosphere and traditional architecture surrounded by impressive mountains innermost in the Masfjord. There are 18 rooms with 25 beds altogether.

**Location:** Matre in Masfjorden Municipality, 80 minutes from Bergen and 60 minutes from the regional centre Knarvik.

### **3.1 THE ISLAND OF FEDJE**

Discover this tiny, beautiful island at the ocean's edge. 2 hours from Bergen (incl. Ferry 20.minutes). With its 700 inhabitants Fedje is the westernmost municipality in Norway. Also called "the Island in the ocean" and the sea angler's paradise. Fedje boasts an old trading post, steeped in tradition, and the Krømmerholmen hostelry, where seafarers through the centuries have stopped for good food and a comfortable bed. Guests here can experience lighthouse safaris, sea-fishing trips and excursions, real closeness to the sea while walking the North Sea Trail with its fantastic viewpoints and the world's best angling.

#### **HELLISØY LIGHTHOUSE**

5947 Fedje

Tel: +47 56 16 43 20 / +47 56 16 40 70

[turist@fedje.org](mailto:turist@fedje.org) [www.fedje.org](http://www.fedje.org)

**Opening hours:** All year, restricted by weather conditions.

#### **Description:**

Hellisøy Lighthouse was in 2003 recommended by the English newspaper "The Observer" as one of fifteen destinations in the world worthwhile traveling to. The lighthouse is situated on a tiny island, 40-50 meters off the coast of Fedje - "the island in the middle of the ocean". Dating from 1855, it was the second tower to be made from cast iron in Norway. Today the lighthouse is automated.

Guests here can enjoy a magnificent view and exciting lighthouse stories. The Tourist Information at Fedje arrange overnight accommodation, guided visits and exhibitions.

Visitors are taken in a boat from the Island of Fedje to the tiny Island where the lighthouse is situated. It is also possible to stay overnight in the Lighthouse Keeper's house. See Accommodation for more information.

#### **HAVSTAD TINN**

5947 FEDJE

Tel: +47 56 16 40 70 / Fax: +47 56 16 40 48

Mobil +47 905 37 600

[gjermund@havstad.no](mailto:gjermund@havstad.no) [www.havstad.no](http://www.havstad.no)

[www.fedje.org](http://www.fedje.org)

**Opening hours:** All year Mon-Fri 10.00-16.00, Sat 10.00-15.00, Sun 12.00-15.00. Guided tours for groups can be arranged outside opening hours.

#### **Description:**

Havstad Tinn, founded in Nesodden in 1928, is the oldest pewter maker in Norway. It has been located at the Island of Fedje since 1997 and it is open to visitors all year round. There are guided tours of the entire production area where skilled workers still make pewter products the original way. Large groups can be divided into smaller ones. The factory building also houses "Galley Sardin" where various exhibitions are presented during summer. Visitors can buy designer products; unique arts and crafts at factory prices in the shop called "Den Glade Kannerstøper" (The Happy Pewterer).

### **3.2 FISHINGTRIPS AND SIGHTSEEING**

Nordhordland is a paradise for those interested in fishing and a fantastic area for a boating holiday. Rich in fjord and sea fishing opportunities this coastal pearl is best seen from the sea!

**Contact:** Gjermund Havstad mobil +47 905 37 600

#### **FEDJE OPPLEVELSER**

5947 FEDJE

Tel. +47 91 10 15 66 / +47 97 08 16 77

[mathusa@frisurf.no](mailto:mathusa@frisurf.no)

[www.fedje.org](http://www.fedje.org)

#### **Description:**

Fedje Experiences are based at the Island of Fedje organising exciting ocean related excursions for groups. Bed & breakfast at Hellisøy Lighthouse, fishingtrips with meals and crabpartys are offered. Groups can explore different types of fishing used for centuries by the local fishermen, catch their own fish and prepare meals.

### **TEAMBUILDING ON THE ISLAND OF FEDJE**

5947 FEDJE

Tel: +47 56 16 40 70 / +47 97 08 16 77

[gjermund@havstad.no](mailto:gjermund@havstad.no) [www.kremmerholmen.no](http://www.kremmerholmen.no)

**Price: on request**

**Description:**

Based at the Island of Fedje, organizing fishing and sightseeing trips for groups. In a large wooden boat groups can explore different ways of sea fishing. Tours can also be combined with Lighthouse safari and outdoor meals.

**"Mistral" Captain Bjørn Rosslund**

5918 FREKHAUG

Tel: +47 91 30 13 60

[bjorn@rossland.no](mailto:bjorn@rossland.no)

<http://fjordfischen.rossland.no>

**Description:**

Based at "Litlebergen" in Meland Municipality, Captain Bjørn Rosslund offers exciting fishingtrips and sightseeing tours in the region. From his boat "Mistral" small groups can try their luck at popular fishingspots as Landviksosen & Bognesstraumen i the north and Isdalvika, Hagelsundet & Klauvaskallen in the south.

### 3.3 FARM ACTIVITIES IN NORDHORDLAND

#### 3.1 TJORE GARDSMAT / TJORE FARM

SÆBØ

5938 SÆBØVÅGEN

Tel: + 47 56 37 12 79 / +47 93 09 67 79

**Opening hours:** Fridays 16-19 Saturdays 12-15 or by appointment

**Contact:** Bjørg Skarbø & Rune Tjore

#### 3.2 DYRDAL GARDSMAT / DYRDAL FARM

DYRDAL

5993 OSTEREIDET

Tel/Fax: + 47 56 35 70 90

**Contact:** Magnhild Dyrdal

#### 3.3 ELSÅS GÅRD / ELSÅS FARM

5912 SEIM

Tel: + 47 56 35 03 26 / + 47 48 00 99 11

**Contact:** Tone Pedersen

## 4. SIGHTSEEING AND FJORD TRIPS

### 4.1 THE M/S BRUVIK TO THE OSTERFJORD

Day trip by boat to the Osterfjord onboard the veteranboat M/S Bruvik.

Every Sunday in June, July and August.

**Price:** Adults NOK 400, children 1/2 price.

**Information:**

Tel: + 47 56 39 17 00 / + 47 911 99 841

**Ticket sales:** Tourist Information Office Bergen, tel: +47 55 55 20 00 or the Veteran boat quay, Bryggen.

[indl@online.no](mailto:indl@online.no) [www.ms-bruvik.no](http://www.ms-bruvik.no)

**Departure:** from the Veteran boat quay, Bryggen, Bergen.

Dep. Bergen 09.00

Frekhaug 09.40

Hamre 10.00

Garnes 10.45

Stanghelle 11.45

Mo 14.00

Dep. Mo 15.00

Arr. Bergen 18.15

### 4.2 DAY EXCURSION WITH M/S GRANVIN

Day excursions with the veteranboat M/S Granvin to two of the most popular attractions in Nordhordland; the Heathland Centre and the Emigration Centre at Sletta. Every Sunday 20 June- 22 August.

It is possible to travel only parts of the tour.

**Price:** Adult NOK 325,- Child NOK 150,-

**Ticket sales:** Tourist Information Office Bergen, tel: +47 55 55 20 00 or the Veteran boat quay, Bryggen.

**Departure:** from the Veteran boat quay, Bryggen, Bergen.

Dep. Bryggen 11.00

Salhus 11.40

Frekhaug 11.50

Askeland 12.45

Heathland Centre, Lygra 13.15

Emigration Centre, Sletta 13.45

Return dep. from Sletta 16.00

Heathland Centre, Lygra 16.30

Salhus 18.00

Arr. Bergen 18.15

### 4.3 BY EXPRESSBOAT TO THE HEATHLAND CENTRE

Fylkesbåtane/Fjord 1 express boat has departure every day. Departure from the Strandkai terminal in Bergen.

**Price:** Adults NOK 165,- child NOK 83,-

Tickets must be booked a day ahead.

Information on departure times tel: +47 55 90 70 70

[www.fjord1.no](http://www.fjord1.no)

**Departures:**

Monday-Friday:

Departure Bergen 08.00

Arrival Lygra 08.40

Departure Bergen 16.30

Arrival Lygra 17.10

Return departure Lygra 19.50

Arrival Bergen 20.40

Saturday

Departure Bergen 14.15

Arrival Lygra 14:55

Sunday

Dep. Bergen 16.30

Arr. Lygra 17:10

Return dep. from Lygra 19.50

Arr. Bergen 20.40

## 5. SHOPPING

Shopping Centres	Adress	Telephone	Website
Knarvik Senter	Knarvik in Lindås	+ 47 56 35 19 39	<a href="http://www.knarvik-senter.no">www.knarvik-senter.no</a>
Frekhaug Senter	Frekhaug in Meland		
Lindås Senter	Lindås	+ 47 56 34 10 24	<a href="http://www.lindaassenter.no">www.lindaassenter.no</a>
Hosteland Senter	Hosteland in Masfjorden		
Manger Senter	Manger on Radøy	+ 47 930 65 431	<a href="http://www.manger-senter.no">www.manger-senter.no</a>
Mastrevik Torg	Austrheim	+ 47 56 16 95 80	
<b>Souvenirs, Knitwear, Handcrafts &amp; Arts</b>			
Hillesvåg Ullvarefabrikk	Hillesvåg in Lindås	+ 47 56 35 78 00	<a href="http://www.ull.no">www.ull.no</a>
Havstad Tinn	On the island of Fedje	+ 47 56 16 40 70	<a href="http://www.havstad.no">www.havstad.no</a>
Lindås Husflidstove	Lindås	+ 47 56 36 07 44	<a href="http://www.husflidsstova.no">www.husflidsstova.no</a>

## 6. TOUR SUGGESTIONS BY CAR IN NORDHORDLAND

Route 1: The RV 564 route

### **Nordhordland Bridge - Frekhaug - Holme - Fløksand- Skjelanger**

As you approach Nordhordland from Bergen, you arrive at the Nordhordland Bridge - at 1,610 metres, the world's longest pontoon bridge without lateral anchorage and the gateway to Nordhordland. Turn off for Flatøy and Frekhaug just after the Nordhordland Bridge and you will arrive at Håøy. Håøy and Håøytoppen are very popular destinations for days out and walks. Håøya has a boating area and a swimming beach. From the top you get terrific views of the region. Follow the road on towards Holsnøy and cross the Krossnessund Bridge to arrive at Frekhaug, an administrative and shopping centre. The Torget Frekhaug Senter shopping centre is the millennium site in Meland Municipality. Roughly 200 m from the centre in the direction of the quay, you will find Sareptas Krukke studio and shop . The tour continues on the RV 564 in the direction of Holme and Holmeknappen .

At Holme, you will find the Bird Garden in Meland, Hansen's Hage & Fuglepark . This visitor's park contains exotic birds and plants and is a wonderful experience for both children and adults. At Holmeknappen you will find two museums containing historical collections, Holmestova and Sjøbua .

Holmestova, dating from 1551 and the oldest house in Nordhordland, is part of the cultural heritage protection area in Meland.

The Sjøbua Coastal Museum is in a restored 18th century wharfside warehouse. Contact Meland municipality. At Frekhaug you can also take the "old road" in the direction of Meland church . You drive through an interesting cultural-historical landscape past Tveit and Brakstad to arrive back at the RV 564 at Fløksand.

At Fløksand is Meland Golf Course – one of the best 18-hole golf courses in Europe, presenting unique challenges in a varied landscape. The course is set in magnificent natural surroundings that are ideal for walking, riding, canoeing/kayaking, sea and freshwater fishing and other outdoor pursuits. The golf course has a pro shop and the cafeteria "Hull 19" (the 19th hole).

Nearby is the lovely Fløksand, an alluring bay and swimming spot

From Fløksand, continue over the island and in a short while you will arrive at Rosslund. The summit of Eldsfjellet, at 324 metres the highest point in Meland, looms into view as you round the bend at Rosslund. The start of the path is marked by a sign and an arrow beside the road. Drive alongside Eldsfjellet to get to the outermost part of the island. Skjelanger Fort lies right out at the ocean's edge. Good fishing spots.

Route 2: The RV 57 - 565 - 568 route

**Nordhordland Bridge - Seim - Lygra - Lindås - Mongstad - Vardetangen - Austrheim - Sævrøy - Fedje**

From the Nordhordland Bridge you head in the direction of Knarvik then continue on the RV 57 towards Isdalstø. Here you will find the Garveriet Restaurant og Båtservice where you can enjoy good food, dancing and music right at the water's edge. Outdoor quayside restaurant.

The RV 57 takes you north across the Lindås peninsula. The cluster of farmhouses, Isdalsgardene, right after Isdalstø illustrates how farmhouses were organised in clusters until the end of the 19th century. Isdalsgardene was also a post farm and posting station in former times. The Trondheim Post Road passed this way from the end of the 18th century.

The Håkonshaugen burial mound where King Håkon the Good was buried is at Seim. The historical Håkonarspelet play is performed here in August every year. Håkonshaugen is the millennium site in the municipality of Lindås. If you drive one kilometre in the direction of Neset, you will find a small, charming guest-house, Seim Gjestehus. From Seim you can continue on to Vollom, where you can visit the world's most northerly beech wood. The area has prepared, signposted walking trails and nice spots for swimming.

The Culture Road continues to Lygra, the Heathland Centre and Lygra Gjestegard. The timeless coastal heathlands are the cultural legacy of the fisher-farmers and their frugal way of life. You can wander along prepared tracks through a historical landscape that has remained unchanged for 5,000 years. Here, the extensive heathland landscape is preserved in its traditional state through active farming. The Heathland Centre is an information centre, which hosts interesting and exciting touring exhibitions and provides guided heathland walks and farm visits. The centre has conference rooms for 20 to 50 persons and a well-equipped auditorium. Traditional food, including its speciality, wild sheep dishes, is served in the restaurant.

Lygra Gjestegard offers accommodation in the old policeman's house dating from 1770.

The guest-house has recently been restored and it has seven single and double rooms, five bathrooms, lounges with open fires and a library. Own kitchen. It can be rented by small groups and for courses and functions. It is only 100 metres from the Heathland Centre to Lygra Gjestegard and large parties take their meals at the centre.

On the way back from Lygra you will pass Feste Nærkjøp og Marina, a shop and marina which serves fast food and sells bunker supplies, is right beside the inner shipping fairway between Bergen and the Sognefjord. Feste is well known among boating enthusiasts and an important stopping place for small boat tourists in Nordhordland.

If you continue on the RV 57 from Seim and head in the direction of Lindås, you will come to Bruvoll Camping og Hytter (camping and cabins) beside the road, 40 minutes from Bergen. This campsite with rental cabins is situated in lovely rural surroundings, near the sea and lakes. The municipality of Lindås has a number of excellent saltwater inlets and waterways that are ideal for canoeing and kayaking. At Bruvoll Camping og Hytter you can hire a canoe or kayak and experience Nature close up. Canoeing/kayaking map for Lindås. The campsite has farm animals, excellent paths, horse-riding and outdoor barbecue facilities for guests. Continue on the RV 57 to Vågseidet, where you will find Eiendom Vågseidet in an idyllic seaside location. It has a large apartment for let that sleeps seven. Boat hire and fishing trips. Lindås Brygge is right on the shore at Lindås. The restaurant has excellent food and drink, has an outdoor section, a boathouse, guest marina and kayak and boat hire. If you come by sea, take your boat through the Lindåsslusene – our saltwater sluices, which lie between the Lurefjord and Lindåsosane, from where it is only a short distance by boat to Lindås Brygge. The Westland Hotel lies in an elevated position above the Lindås Senter, 45 minutes from Bergen. The rooms are newly refurbished, comfortable and modern. Its kitchen has a good reputation and the hotel has a dance bar and a beautiful garden with outdoor service and sea views.

The Mongstad oil refinery, Statoil Mongstad, was built in the 1970s. The refinery, which stores and refines oil from fields in the North Sea, is the biggest employer in Nordhordland.

The Leirvåg – Sløvåg ferry will take you across the Fensfjord north on the RV 57, or in the direction of the RV 570. Take the walk to Vardetangen – the westernmost point on the Norwegian mainland. Easy walk. Vardetangen express boat quay is just past the turn off for Fønnes quay. The express boats between Bergen and the Sognefjord and those heading further north to Florø and Selje, call at Vardetangen on their way northwards/ southwards. Kjelstraumen Brygge, in Kilstraumen, is an old historical inn dating from 1610, in an idyllic seaside location. Rooms, cabins, restaurant, guest marina and boat hire.

Take the RV 565 in the direction of Austrheim. At Mastrevik is Mastrevik Torg, the shopping centre for the municipality of Austrheim. Austrheim's coastal landscape lies between the ocean waves and distant blue mountains, a flat and verdant landscape with islands and islets, coves and narrow idyllic sounds.

Rongevær Course and Leisure Centre is like a fairytale castle in this island kingdom. The centre can be rented for events, functions, courses and excursions. Large quay beside the boathouse. Only accessible by boat. Continue on the RV 568 to Sævrøy.

Ferry to Fedje. The M/S Fedjefjord takes you out on the 'ocean waves' for 30 minutes before you arrive at the village in the ocean on the island of Fedje, a sea anglers' paradise. The ferry quay on Fedje is the millennium site for Fedje Municipality. You can wander on foot through the coastal landscape along the North Sea Coastal Trail, where

the sea breeze and ocean spray are like balm for your soul.

Hellisøy Lighthouse is a very visible landmark on Fedje. Take a lighthouse safari to one of the fifteen destinations in the world really worth travelling to – as ranked by the British newspaper, the Observer, in 2003. You can also stay overnight in the lighthouse keeper's house in authentic surroundings.

The Tourist Information Office on Fedje will answer any questions you might have.

You can stay in comfort on Fedje, in traditional-style cabins down by the shore or in other accommodation. You can enjoy an excellent dinner and rent a wharfside cabin at the old trading station and inn, Kræmmerholmen - Boats for hire. Fedje also has the Holmen café which lets rooms. Further inland is Kroken cabin .

Havstad Tinn , which sells pewter products and jewellery from its factory shop, is down by the quay. It also has a summer gallery and guest marina.

### Route 3: the RV 565 - 568 route

#### **Nordhordland Bridge- Isdalstø- Alversund- Manger- Sletta- Sævrøy- Fedje**

After crossing the Nordhordland Bridge and the Hagelsund Bridge, turn left at the roundabout in the direction of Isdalstø. Garveriet Restaurant og Båtservice serves food and refreshments in a waterside location. Concerts and dancing all year. An excellent venue for functions.

At the junction in Isdalstø take a left turn and follow the RV 565 in the direction of Alversund and Alverstraumen. The Alver Hotel is just off the main road. It is a high standard hotel with an excellent kitchen that can conjure up the most exquisite dishes. The hotel is a modern course and conference hotel that is also suitable for all kinds of functions. The beautiful Alverstraumen sound – a summer paradise for boating enthusiasts – meets you on the far side of the Alversund Bridge. Further along the road you come to Tjorehagen, our impressive rhododendron garden with more than 300 different species of rhododendron and as many trees and exotic shrubs. Spacious car park – also for coaches.

Turn off the main RV 565 road in the direction of Manger. Follow the signs for Bogatunet. Bogatunet is an old farm dating from the 17th century. The cluster of farm buildings is situated in a historical coastal landscape. The buildings and historical collection show visitors what it was like to live and farm here in former times. Open every Sunday in July and August. Otherwise by arrangement.

In Manger itself - the administrative centre for the municipality of Radøy - you will find Manger Senter , which houses a wide assortment of shops and other services. The millennium site on Radøy is the Solend, Nøttveit and Morkefjellet area and surrounding cultural landscape . The open landscape contains many cultural relics and it has a lot of qualities that will appeal to walkers. The walking guide "Turar på Radøy" provides more detailed information. The journey continues to the West Norway Emigration Centre at Sletta . You can either return to the main road and follow the RV 565 to Sletta or drive from Manger towards Bøvågen, then turn off for Sletta after approx. 1 km. The West Norway Emigration Centre tells the story of emigration from Hordaland and Sogn og Fjordane to America in the 19th century. The Emigrant Church, Brampton Lutheran Church , has been brought over from North Dakota in the USA and rebuilt at Sletta. A schoolhouse, a pioneer's house, town hall, a jail, a doctor's surgery and a teacher's house from pioneer times have also been brought over and rebuilt here.

Four memorial stones have been erected in commemoration of North America history and the Norwegian contribution during World War II. One commemorative stone illustrates the connection to the Western Isles of Viking times. There is also an emigration archive at the centre.

While you are visiting Sletta stop for lunch or dinner at Skogen Samfunshus - cafe and restaurant at Sletta.

From Sletta, continue in the direction of Austrheim. Just before you cross the Fosnstraum Bridge you come to the Stone Age Trail , on which you can ramble through the cultural history of an area that has been populated since the Palaeolithic period, 9,000-10,000 years ago.

Once you cross the Fosnstraum Bridge, you are in Austrheim Municipality . The cultural landscape of heathlands and the rocky coast with its many small islands and islets, narrow sounds and sheltered bays are typical for Austrheim - an eldorado for boating enthusiasts.

The millennium site in Austrheim is the "Green Street" between the Austrheim Hall and the Mastrevik Torg shopping centre. From Austrheim take the RV568 to Sævrøy.

#### **Route 4: The E 39 - RV 570 route**

##### **Nordhordland Bridge- Knarvik- Hillesvåg- Andås- Masfjordnes- Duesund- Hostelnd- Risnes- Sløvåg**

The Nordhordland Bridge – the world's longest pontoon bridge without lateral anchorage – meets you as you approach Nordhordland from Bergen.

Take the E 39 over the Hagelsund Bridge towards Knarvik where you will find Knarvik Senter, the regional centre for Nordhordland and a natural meeting place for commerce and culture. In the 1960s and 1970s Knarvik grew rapidly; new residential areas were built as well as shops, industry and public service offices. It has been expanding steadily ever since and now has almost 60 shops of all kinds. There is also a chemist, doctor, dentist, police station and rural police service. The Tourist Information Office is just 50 metres from the centre. Knarvik also has a state-of-the-art sports hall. You can take part in many different sporting activities in the Nordhordland Hall, a multi-purpose hall that can also be used for concerts, trade fairs and much more.

The Kvassnesstemma outdoor recreational area is just a short distance from the centre of Knarvik. Here you will find beautiful scenery and teeming bird life, and there is a nice path round the lake. You can always stop off at Svein's Grill for a quick and tasty meal. They have pizzas and fast food, video rental etc.

Knarvik Bowling is a modern tenpin bowling alley with lots going on. Welcome to an active, sociable bowling alley. From Knarvik, follow the E 39 road in the direction of Matre. At Hillesvåg, more than a century's worth of woollen industry history is represented by the woollen factory, Hillesvåg Ullvarefabrikk, which has Nordhordland's biggest selection of Norwegian knitwear. At the factory shop you can buy wool for knitting, Norwegian knitwear – including Oleana products – rugs, socks, underwear and much more. Hillesvåg Ullvarefabrikk makes an ideal stop for both groups and individual tourists.

Further on lies Lindås School Museum in Vassel old schoolhouse, dating from 1886 and in an idyllic setting beside Bjørndalsvatnet lake. Turn off in the direction of Eknes/Hindenes, and follow the road for Hindenes for about 700m. The museum has more than 1,000 registered objects and two permanent exhibitions: the Schoolroom and the Travelling schoolroom.

At the junction just before the Eikefet tunnel, take the RV 570 in the direction of Andås. Drive alongside the winding Austfjord on the road to Masfjordnes, the administrative centre of the municipality of Masfjorden. At Dyrdal you will find the farm food outlet Dyrdal Gardsmat, whose "Magnhild's suasages" are renowned far beyond the boundaries of Nordhordland.

At the mouth of the Masfjord lies Kvamme Rorbu – right down at the water's edge. Kvamme Rorbu has a cabin that can accommodate 1-3 families. The cabin is of high standard with all mod cons. Boat for hire. Excellent fishing. Kvamdals Fargerri, just before Masfjordnes, was a dyeworks from 1889 until 1954. At the dyeworks you can learn how this small-scale industrial enterprise for dyeing and treating cloth and wool was developed and run. Complete with machinery and tools.

The cable ferry takes you from Masfjordnes to Duesund in seven minutes. The only cable ferry in Norway, it takes 20 cars and 60 passengers.

Take a short break at Hostelnd Senter shopping centre. Have a cup of coffee and a bite to eat. There is a café, bank, post office, petrol station and shops.

Continuing on the RV 570 you will arrive at Risnes, where the idyllic Nautesund Camping & Hytter (camping and cabins) is situated. The campsite is surrounded by islands and sounds and it is an ideal spot for fishing and outdoor pursuits. High-standard cabins, service building, pitches for tents and caravans, a play area, guest marina and lovely area for swimming. Boat hire and café.

If you continue.....after a few days perhaps....the ferry will take you from Sløvåg to Leirvåg, from where you can take the RV 57 across Lindås or the RV 565 across Radøy to return to Knarvik.

#### **Route 5: The E 39 route**

##### **Nordhordland Bridge- Knarvik- Matre- Stordalen- Oppedal- Lavik**

This tour starts at the Nordhordland Bridge – the world's longest pontoon bridge without lateral anchorage - which you arrive at as you approach Nordhordland from Bergen in the south.

The bridge is the gateway to Nordhordland and an impressive sight. Follow the E 39 over Hagelsund Bridge to Knarvik.

Knarvik Senter, the regional centre for Nordhordland, is a natural meeting place for commerce and culture.

In the 1960s and 1970s Knarvik grew rapidly; new residential areas were built as well as shops, industry and public service offices. It has been expanding steadily ever since and now has almost 60 shops of all kinds. There is also a chemist, doctor, dentist, police station and rural police service. The Tourist Information Office is just 50 m from the centre. From Knarvik, continue to Eikangervåg. Read more about what is worth seeing around Knarvik and on the road to Eikangervåg in the description of the E-39 - RV 570 route on pages 26-33.

At Eikangervåg you can turn left for Fammestad, where you will find the Roparhaug Collection.

This collection highlights how people worked and lived in former times and contains a variety of utility objects and

decorative items. Contact Lindås Municipality. Back on the E 39, continue to Ostereidet, Vikanes and on to Dyrkolbotn Fjellstove - Leirskole og Gjestehus, a mountain lodge in the western section of the Stølsheimen mountains.

The mountain lodge is situated in beautiful natural surroundings and affords plenty of opportunities for walking in the Stølsheimen area. You can, for instance, walk north-east to Skavlabu.

Follow the E 39 again to Matre, where you can visit the Bjørn West Museum and learn about the Norwegian resistance movement during World War II, an exciting and interesting chapter in the history of the war in Norway. The museum has an impressive collection of authentic weapons, equipment and personal effects. The Bjørn West March from Litlematrestølen to Stordalen is held on the second last Sunday in August every year.

With its unique historical background Matre Hotel is the perfect place to experience something special, both as regards accommodation and not least a meal in traditional style in the hotel's dining room. The hotel was moved from Bryggen in Bergen and rebuilt in Matre in 1912.

Hunting and fishing is very popular in Masfjorden, and the Matreelva river abounds in sea trout. There are also good opportunities to hunt small game.

Information at Matre Hotel and Stordalen Fjellstove mountain lodge. The fjord has been chosen as Masfjorden's millennium site. The fjord binds the municipality together, and through its choice of millennium site Masfjorden has chosen to focus on "modern day meeting places". Stordalen Fjellstove mountain lodge lies at the gateway to the Stølsheimen mountains. From Matre, follow the signs for Stordalen. The road takes you up into the mountains, passing monuments to the cultural heritage and World War II relics.

Stordalen Fjellstove is surrounded by fantastic walking/skiing terrain. Here, you can stay overnight, eat to your heart's content and go walking or skiing on prepared tracks in summer and winter respectively. Stordalen is the perfect starting point for both long and short walks/skiing trips in the majestic natural surroundings of Stølsheimen. Back down from the mountains and continuing on the E 39 you will come to Trodal Farm Museum, which contains living quarters in the East Norwegian style dating from the 1820s and has a collection of 700 implements and artefacts from the farm in Trodalen: agricultural implements, equipment used in forestry and in the mountain pasture farms, household articles and much more.

The first floor contains a media room displaying old newspaper cuttings from Liberation Day in 1945.

The E 39 continues to Oppedal, from where you can make a short visit to the Villmarksmuseet wilderness museum before taking the ferry across the Sognefjord to Lavik.

## 7. CARWALKS

CarWalks is a new and exiting concept and offer to those who are not satisfied just taking in the scenery through the car window. We have designed a number of trips that combine a car journey with well marked, interesting walks of reasonable length. Special walking and hiking sheets with maps and informative texts show you where to go and what to see. The sheet for the car trip shows clearly where the walks are, and the walks start and end at the car parks. The walks take from 1 to 3 hours at normal walking pace. The routes are well marked and it's easy to find your way using the maps and the information on the sheets. The proposed round trips are based on the use of your own vehicle. Length and duration vary according to geographical conditions. They are designed to be completed in a single day. The roads/footpaths are especially chosen to suit your needs, i.e. tourists in vehicles who would like a little exercise and want to see the countryside in a simple and safe way. In addition to the maps and information on the tour sheets, the routes are all well marked. Travellers do however undertake the trips on their own responsibility. The tour sheets may be purchased from travel organisations, tourist information offices, at your hotel reception desk, camping sites etc.

### **For further information:**

Information from local Tourist Boards, and from Hordaland Reiseliv, Strømgaten 4, Pb. 416 Marken, NO-5828 BERGEN. Tel. +47 55316600 Fax. +47 55315208

[info@hordalandreiseliv.no](mailto:info@hordalandreiseliv.no) [www.visithordaland.no](http://www.visithordaland.no) [www.carwalks.com](http://www.carwalks.com)

## 8. ACCOMMODATION

### **ALVERHOTEL**

5911 Alversund

Tel: +47 56 34 38 00 Fax: +47 56 34 38 90

[alver.hotel@online.no](mailto:alver.hotel@online.no)

[www.alverhotel.no](http://www.alverhotel.no)

Rooms: 48 Beds: 88

#### **Description:**

The family-run Alver Hotel was established in 1959 in rural surroundings at Alversund, on the farm where the author Amalie Skram spent much of her childhood. Today, the Alver Hotel is a modern course/conference, holiday and leisure hotel with all amenities and many possibilities. You can go for a walk in the countryside, fish from the shore or a boat, take a cruise on the fjord, explore Nordhordland or Bergen's many attractions – or just relax and enjoy life....

Alver Hotel offers accommodation at the hotel itself or in cabins. The hotel has 48 hotel rooms and two cabins and does its utmost to ensure that guests have a comfortable stay. All rooms have all necessary amenities and are tastefully decorated and furnished. Lovely views in beautiful surroundings.

The Alver Hotel is known far and wide for its excellent cuisine and fine restaurant. The food and wine are of the highest quality, prepared and served with care and pride. The hotel has a beautiful, modern restaurant, in addition to the "Skramkjellaren" pub and restaurant with its relaxed and intimate atmosphere.

Alver Hotel can organise events of varying sizes/topics. All our conference rooms have natural daylight, bright and pleasant interiors and modern AV equipment.

**Location:** At Alver in Lindås municipality, 30 minutes from Bergen and 10 minutes from the regional centre Knarvik.

### **DYRKOLBOTN FJELLSTOVE**

#### **Leirskole og gjestehus**

Dyrkolbotn, 5994 Vikanes

Tel: +47 56 35 60 68 Fax: +47 56 35 70 20

[dyrkolbotn.leirskole@c2i.net](mailto:dyrkolbotn.leirskole@c2i.net) [www.dyrkolbotn.com](http://www.dyrkolbotn.com)

Rooms: 8 double rooms and 16 dormitory rooms

Beds: 120

#### **Description:**

Dyrkolbotn Fjellstove, mountain lodge and guest house is located halfway between Bergen and the Sognefjord, 350 metres above sea level, in the western section of the Stølsheimen mountains. Dyrkolbotn Fjellstove has accommodation available to suit all needs. It offers bed & breakfast accommodation, runs an outdoor pursuits centre and is otherwise well suited for events, family functions and as a starting point for outdoor pursuits in the Stølsheimen mountains.

During the summer, Dyrkolbotn Fjellstove offers bed & breakfast accommodation to tourists and other travellers. It is the perfect stop if you are travelling north through Nordhordland from Bergen, or if you would like to spend a few days in beautiful natural surroundings near Bergen, surrounded by untouched nature in an outdoor environment that is quiet, tranquil and safe.

Activities in the great outdoors are an important part of the outdoor pursuits centre's programme. Tuition focuses on natural history and on exploring nature and covers topics such as flora, fauna, nature conservation, first-aid and outdoor pursuits. The centre is surrounded by a varied terrain with mountains, lakes, rivers and waterfalls. Social activities are also emphasised through a variety of evening programmes and entertainment. There is a lake nearby where you can hire canoes and boats. Dyrkolbotn Fjellstove also lets the centre to groups who wish to organise courses themselves. It is possible for groups to prepare their own meals, but Dyrkolbotn Fjellstove can also organise a stay tailored to meet your company's needs.

**Location:** At Dyrkolbotn in Masfjorden Municipality. 1 hour from Bergen and 41 minutes from the regional centre Knarvik.

### **HELLA SKULESTOVE**

5936 Manger

Tel: +47 56 37 00 49

[stevaa@online.no](mailto:stevaa@online.no)

Rooms: 7 Beds: 23

#### **Description:**

Hella Skulestove is idyllically situated on Radøy in Nordhordland, 45 minutes from Bergen and offers accommodation, course and conference facilities and pleasant function rooms in a historical old style. With its own touring bus with capacity for fifteen persons, the hosts' collect guests and also take them on roundtrips in the region.

The three function rooms "Søra ståvå", "Storståvå" and "Den store festsalen" cater for small and large groups of up to eighty persons for meals and other events. All rooms are newly renovated.

There is a good selection of activities in the area for children and families. A large outdoor area with football pitch, badminton and various games, a library at the guests' disposal and piano entertainment. The lady of the house is a pianist and gladly entertains the guests.

**Location:** At Manger in Radøy Municipality, 45 minutes from Bergen and 25 minutes from the regional centre Knarvik.

### **STORDALEN FJELLSTOVE**

Address: Stordalen in Masfjorden

Postal address: Svindalsveien, 5913 Eikangervåg

Tel: +47 56 36 62 05 Fax: +47 56 36 70 26

[post@stordalenfjellstove.no](mailto:post@stordalenfjellstove.no)

[www.stordalenfjellstove.no](http://www.stordalenfjellstove.no)

Rooms: 17 Beds: 60

3 cabins: 16 beds 4 apartments: 16 beds

**Description:**

Situated in the middle of fantastic walking terrain only a 1 ½ - hour drive from Bergen, you will find Stordalen Fjellstue in Masfjorden. Pleasant accommodation available in the mountain lodge and the cabins.

There are 17 newly refurbished, modern rooms with en suite shower and WC, 3 cabins and 4 apartments for from four to six people. The mountain lodge is an excellent option for meetings, functions and conferences and known for its excellent food.

Stordalen is the perfect starting point for both short and long trips on prepared tracks/paths – in both summer and winter. Extensive area for small game hunting and fishing.

Welcome to the gateway to the Stølsheimen mountains.

**Location:** In Stordalen in Masfjorden municipality, 1.5 hours from Bergen and approximately 1 hour and 10 minutes from the regional centre Knarvik.

**WESTLAND HOTEL**

5955 Lindås

Tel: +47 56 34 21 00 Fax: +47 56 34 21 01

[westland.hotel@online.no](mailto:westland.hotel@online.no) [www.westlandhotel.no](http://www.westlandhotel.no)

Rooms: 44 Beds: 88

**Description:**

Surrounded by beautiful West Norwegian scenery, the fjord, mountains and the sea, the Westland Hotel is located at the heart of the island kingdom of Lindås. It is a high-standard, modern hotel; most of the rooms have been recently refurbished and are decorated in bright and pleasant colours. The Westland Hotel's professional and enthusiastic staff take pride in making your stay a positive, useful and memorable experience. In addition to all the necessary amenities, Westland Hotel has a fantastic view you will find unforgettable and a beautiful garden with outdoor service. It is only a short distance to great walking terrain and there are plenty of opportunities for fishing. The hotel has 44 rooms with a total of 88 beds. One of the rooms is a business suite with a jacuzzi, shower and coffee/tea making facilities. There are also a romantic bridal suite where the bridal couple can stay free of charge if they celebrate their wedding at the hotel.

Westland Hotel has a room on the ground floor specially fitted to accommodate guests with disabilities. The excellent restaurant with professional staff, serve delicious dishes and desserts conjured up by the hotel's outstanding chefs. The Slusen bar and nightclub is a natural meeting place for both the hotel's guests and local residents. Westland Hotel is a modern course and conference

hotel; the course rooms are bright and pleasant and have all the necessary AV equipment. The hotel's professional staff take pride in organising everything, allowing you to concentrate on the content of your course/conference. The rooms are suitable for small-scale and large-scale events. The Westland Hotel offers package deals, but can also assist you with alternative solutions.

**Location:** At Lindås in Lindås municipality, 50 minutes from Bergen and 30 minutes from the regional centre Knarvik.

**MATRE HOTEL**

Matre, 5984 Matredal

Tel: +47 56 36 64 00 Fax: +47 56 36 64 01

[hotel@matrehotel.no](mailto:hotel@matrehotel.no) [www.matrehotel.no](http://www.matrehotel.no)

Rooms: 6 Beds: 10 + extra sleeping capacity at the aquaculture station

**Description:**

The Matre Hotel is an old hotel built in Swiss style architecture. It has preserved its original style and atmosphere, built in 1912 with materials taken from the Kjøpmannstuen at Bryggen in Bergen.. Today, the Matre Hotel is an exciting hotel with historical atmosphere, but with modern bathrooms, excellent service and food for discriminating palates.

With its unique historical background and antiquarian interest, Matre Hotel is the perfect place to experience something out of the ordinary, both as regards accommodation and not least a meal in the hotel's dining room. The hosts, Nancy and Odd, welcome new and returning guests, take pride in serving traditional fare and offering accommodation in this museum hotel. There are currently four single and two double rooms of a standard that is typical for a museum hotel, with a bathroom and WC on each floor. Given the hotel's location and the available activities, it is ideal for business meetings or family functions for from five to fifty people. The hotel garden is also an excellent option when the weather permits outdoor activities and barbequing.

**Location:** At Matre in Masfjorden Municipality, 70 minutes from Bergen and 50 minutes from the regional centre Knarvik.

**KRÆMMERHOLMEN**

**Restaurant og rorbuer**

5947 Fedje

Tel: +47 56 16 42 05 Fax: +47 56 16 40 48

[kremmerholmen@havstad.no](mailto:kremmerholmen@havstad.no) [www.fedje.org](http://www.fedje.org)

Seaside cabins: 8 Beds: 40

**Description:**

For more than 350 years, there has been a restaurant and inn in the old wooden buildings on Kræmmerholmen on the north side of the island of Fedje, in a natural, sheltered bay.

Kræmmerholmen's facilities comprise the main building with restaurant and kitchen, eight waterside

cabins and the function room "Naustet". Krømmerholmen also has a guest quay with facilities for gutting fish and other amenities for boat tourists. Krømmerholmen is open all year. During the summer, tourists come from far and near to enjoy the beautiful natural surroundings on and around Fedje. During the spring and autumn, divers and fishing enthusiasts arrive to harvest the fruits of the crystal clear sea. During the winter, Krømmerholmen is primarily frequented by companies and organisations who use the venue for meetings and conferences. The eight lovely seaside cabins are each approx. 60 square metres, on two floors. The ground floors have a bathroom, living room and kitchenette. The first floors have two bedrooms each with two beds. Krømmerholmen's kitchen serves excellent food using unique ingredients, chiefly, of course, fish from the area around Fedje. Whale meat is another specialty. The restaurant is fully licensed. Small groups can use the meeting room in the main building; large groups can rent the Krømmerholmen conference room, which is within walking distance. The meeting room is equipped with a flip chart, overhead projector and TV/video.

**Location:** At the island of Fedje. Approximately 2 hours from Bergen and 1.5 hours from the regional centre Knarvik. There is a ferry service between Sævnøy and Fedje with 8 to 12 departures every day. The ferry crossing takes approximately 30 minutes. See chapter 10 for more information

### **KJELSTRAUMEN BRYGGE**

5943 Austrheim  
Tel: +47 56 16 89 40 Fax: +47 56 16 89 41  
[www.kjelstraumen.no](http://www.kjelstraumen.no) [post@kjelstraumen.no](mailto:post@kjelstraumen.no)  
Seaside cabins: 11 Beds at the inn: 9

#### **Description:**

Kjelstraumen Brygge, one of several historic inns in Nordhordland, is situated in idyllic surroundings in Kilstraumen. This lovely, traditional Inn has offered accommodation and been a tavern since 1610. During the summer, Kjelstraumen Brygge is an eldorado for boating enthusiasts. There is an excellent large guest quay for boats, boats for hire and good opportunities for fishing. The accommodation is excellent at Kjelstraumen Brygge. There are charming comfortable rooms in the Inn itself and 11 lovely, modern seaside cabins. These are ideal for groups or trips with family / friends.. Long-term rental also available. Kjelstraumen Brygge has a cosy, recently refurbished restaurant, serving excellent food and a pub with all rights.

**Location:** By Kilstraumen in Austrheim municipality, 1 hour from Bergen and 40 minutes from the regional centre Knarvik.

### **LYGRA GJESTEGARD**

5912 Seim  
Tel: +47 56 35 50 88 / +47 93 09 50 47  
[info@lyragjestegard.no](mailto:info@lyragjestegard.no) [www.lyngheisenteret.no](http://www.lyngheisenteret.no)  
Rooms: 7 Beds: 14

#### **Description:**

Lygra Gjestegard is situated in the beautiful cultural landscape of Ytre Lygra, surrounded by fjords and expansive skies. The landscape with actively farmed heathlands and old species of domestic animals is the result of the original method of farming, which has nearly become extinct in modern times. The large burial grounds on the farm testify that Lygra was an attractive area to settle in already in ancient times. The sagas tell of how Lygra was an old royal residence, and Saint Olav stayed here 1000 years ago. Lygra was later crown land until the farmers took over the farmland themselves. The family that runs the farm and guest house can trace their family's roots back to the late sixteenth century. Lygra Gjestegard offers accommodation in historical buildings situated in an interesting cultural landscape. Groups can stay, hold conferences and take their meals on the farm, either on a self-catering basis or with full board. The large recently restored guest house was originally the house of the chief of police in Eikangervåg, which was dismantled and then rebuilt on the farm. New and old styles have been combined in the pleasant interior. Lygra Gjestegard has seven bedrooms, which sleep a total of twelve people, five bathrooms, a good, spacious kitchen and several cosy lounges. There are also rooms in two additional buildings on the farm. The farm can accommodate a total of 14 people in single/ double rooms. Course and conference: Capacity: 70 people at Lyngheisenteret (the Heathland Centre). Many small and large groups choose the cultural landscape of Lygra as the setting for a meeting, event or a holiday. Lygra Gjestegard and Lyngheisenteret cooperate on both large-scale and small-scale events. The Lyngheisenteret is a modern course and conference venue with capacity for 70 people. Lygra Gjestegard can organise programmes for groups including accommodation in single and double rooms, with or without full board, meeting rooms, guided tours and guided walks in the cultural landscape. The Lyngheisenteret is fully licensed. See Chapter 3 for more information. Location: At Lygra in Lindås municipality. 50 minutes from Bergen and 30 minutes from the regional centre Knarvik.

### **VÅGSEIDESTRANDA HOLIDAY-APARTMENT**

5956Vågseidet  
Tel: +47 56 36 00 50 / +47 900 62 904 / 488 94 898  
Apartment: 7 beds Room: 3-4 beds

#### **Description:**

Vågseidetstranda holiday apartment is situated in an idyllic location right by the water's edge in a sheltered cove, and is ideal for fishing and boating enthusiasts. There is one holiday apartment and one room for let.

The apartment consists of a lovely, spacious living room, two bedrooms, kitchen with dishwasher, bathroom and washing machine. The room has cooking facilities. Vågseidetstranda holiday apartment also has boat hire for their guests. There are opportunities for fishing in sea and in freshwater. There is a large guest marina right on the doorstep and plenty of space to prepare the day's catch. There is also an excellent beach nearby for swimming. Other Facilities include: shower and WC, laundry room and drying room, kiosk.

Location: At Vågseidet in Lindås Municipality, 40 minutes from bergen and 20 minutes from the regional centre Knarvik.

### **RONGEVÆR COURSE AND LEISURE CENTRE**

5943 Austrheim

Tel: +47 56 16 20 00 \ +47 56 16 94 25

[post@austrheimkommune.no](mailto:post@austrheimkommune.no)

[www.austrheim.kommune.no](http://www.austrheim.kommune.no)

Rooms: 15 Beds: 51

#### **Description:**

Rongevær kurs og fritidssenter is in an idyllic location in the Rongevær area. The centre has plenty of overnight accommodation and suitable amenities for courses, social gatherings and other types of group outings. The centre comprises the main house and a converted wharfside warehouse. A large quay measuring 100 square metres has been built beside the converted warehouse, and the centre has three boats available for use. Rongevær kurs- og fritidssenter is run on a self-service basis. Rongevær kurs og fritidssenter has 30 beds in the main house divided between five rooms. There are two WCs on the ground floor and one WC/bathroom on the first floor. TV lounge and meeting room on the first floor. The converted warehouse sleeps 21 (duvets and pillows provided) in ten rooms. Two large bathrooms/WCs. The kitchen in the main house is fully equipped. There is a large dining room on the ground floor.

Location: in Austrheim municipality, outermost in Rongevær. Only accessible by own boat or by passenger boat.

### **HELLISØY FYRVOKTERBOLIG – LIGHTHOUSE KEEPER'S HOUSE**

5947 Fedje

Tel: +47 91 10 15 66 / + 47 97 08 16 77

[turist@fedje.org](mailto:turist@fedje.org) [www.fedje.org](http://www.fedje.org)

Lighthouse keeper's house: 11 beds

#### **Description:**

Hellisøy Fyrvokterbolig is situated on a tiny island, 40-50 metres off the coast of Fedje, "the island in the middle of the ocean". More and more people have discovered this fantastic coastal gem right at the ocean's edge. Fedje has a long-standing tradition as a coastal community and it has all the elements and forces of nature one might expect – the ocean and the ocean swells, but also calmer waters, a sparse population, a rolling landscape and wind from all directions. Fedje is also famous for its amazing light, the sunset over Hellisøy lighthouse, the moon that lights up the horizon and the moonbeams reflecting off the surface of the ocean on a calm evening. Hellisøy Fyr offers accommodation in the lighthouse keeper's house. You can rent the lighthouse and the lighthouse keeper's house for a day or a week. Normally, the lighthouse is let to groups of up to 15 people, or two to three families, but it is also possible to organise weeks for several different small groups sharing the house.

The house has a kitchen, two lounges, five bedrooms, WC, bathroom and a wood-fired sauna in the basement.

There are a total of eleven permanent beds plus spare mattresses. The lighthouse is very popular, so it is best to book early!

There are 10 sets of duvets and pillows, and you must bring your own bed linen or hire linen from Fedje Vaskeri og Renhold. The house has a fully equipped kitchen, a refrigerator, freezer and cooker. You must bring your own food or go fishing for it.

Take a lighthouse safari to Hellisøy lighthouse or a fishing trip to Holmen Grå. Contact the Tourist Information Office on Fedje, tel: +47 56 16 43 20.

### **HOLMEN CAFE AND ACCOMMODATION**

5947 Fedje

Tel: +47 56 16 42 33 Fax: +47 56 16 42 32

[www.fedje.org](http://www.fedje.org)

2 apartments: 2 bedrooms and 7 bedrooms  
Beds: 20

#### **Description:**

Holmen kafe og overnatting is located on Fedje – the island on the edge of the North Sea and Norway's most westerly municipality.

The old wharfside warehouse on Fedje is in a charming location beside the harbour and has a guest marina. There are two apartments. One of them has 2 bedrooms while number two is larger with 7 bedrooms. There is a total number of 20 beds.

Holmen kafe og overnatting has a café that is open at weekends. Holmen kafe og overnatting is pleasantly situated by the edge of the quay where you can enjoy the evening sun from the shore.

If you come to Fedje in your own boat, you can use the guest marina at Holmen kafe og overnatting. Fedje's inner harbour is a sheltered spot for boats.

## **FESTE BRYGGE**

### **Nærkjøp, gjestehavn og rorbuer**

Feste, 5912 Seim

Tel: +47 56 35 51 50 / +47 97 52 63 84

Fax: +47 56 35 40 10

[narmat.feste@ngbutik.net](mailto:narmat.feste@ngbutik.net)

[www.feste.as](http://www.feste.as)

Waterside cabins: 2 Beds: 12

#### **Description:**

Feste Brygge, nærkjøp & marina has a guest marina for boats, and provides bunker supplies, accommodation in waterside cabins, and groceries for local residents, guests and boat tourists. There are 2 waterside apartments for rent. The apartments are pleasant with new furnishings and a fully equipped kitchen: cooker, refrigerator/freezer, microwave, dishwasher and utensils. A very modern bathroom with tiling, shower, WC, washbasin and washing machine. There is a fantastic view of the sea from the terrace, with plenty of sunshine and fresh sea air. The sea and good fishing spots are only a short distance away. Feste Brygge, nærkjøp & marina is the local shop for residents of Feste, Lygra, Myksvoll and for travellers. Here, there is a taste of the past – part old-style general store and now a snack bar too. Diesel, petrol, oil products, propane, groceries and fishing gear is for sale. There is also facilities as water, shower and WC, a waste container, floating pier and electricity. Hunting and fishing permits for sale and excellent opportunities for fishing in the vicinity and canoes for hire for those looking for a break from the sea life. . During the high season, Feste Brygge, nærkjøp & marina also has a snack bar.

**Location:** At Feste, also called Festo. Travelling by boat, it is 20 nautical miles north of Bergen, beside the inner shipping fairway, between Bergen and Mongstad. Travelling by car: 45 minutes from Bergen and 25 minutes from the regional centre Knarvik.

## **BRUVOLL CAMPING OG HYTTER**

5956 Vågseidet

Tel +47 56 36 35 25 / +47 90 92 50 35

[jkonglev@online.no](mailto:jkonglev@online.no) [www.bruvoll-camping.no](http://www.bruvoll-camping.no)

Cabins: 9

#### **Description:**

Bruvoll Camping & Cabins is beautifully situated near idyllic lakes in tranquil surroundings. Both freshwater lakes and the sea nearby, offering accommodation in nine all-year cabins of varying standard, ranging from basic to well equipped, modern cabins. The campsite also has pitches for camper vans, caravans and tents, sanitary facilities, a lounge with a TV and a small kiosk.

There are many outdoor activities at this family-run campsite, for example horse riding, fishing, walks, farm animals, boat hire, canoeing and kayaking. Bruvoll Camping & Hytter has an excellent, large

collection of farm animals with goats, pigs, chickens and ducks.

At Bruvoll Camping & Hytter you can ride on Fjord horses or enjoy a ride in a two or four-wheel horse-drawn carriage.

Fishing trips and boating are popular activities on the idyllic lakes in the area around the campsite.

Excellent nature trails in the area and the old Trondheim Post Road.

The campsite has a large lavvo (Sami tent) on the site (for 16-20 people), an outdoor barbeque facility with a turf roof, a kiosk, a playground and a trampoline.

**Bruvoll Camping & Hytter** specialises in canoeing and kayaking and hires out canoes and kayaks as well as a trailer which can take you to the starting point for your canoeing/kayaking trip in Lindås.

The campsite also offers packages suited to school classes, kindergartens, firms, institutions, family trips, holidays, end-of-term celebrations etc.

**Location:** At Bruvoll in Lindås municipality, 40 minutes from Bergen and 20 minutes from the regional centre Knarvik.

## **NAUTESUND CAMPING OG HYTTER**

5986 Hosteland

Tel: +47 56 36 70 44 Fax: +47 56 36 62 30

[nautesun@online.no](mailto:nautesun@online.no) [www.nautesund.no](http://www.nautesund.no)

Cabins: 13 Beds: 52

#### **Description:**

Nautesund Camping og Cabins is in an idyllic spot situated between the fjord and mountains, surrounded by islands and sounds and ideal for holidays and leisure time. The campsite has a seaside location by the RV 57 road between the ferry terminal at Sløvåg and Duesund.

During the summer, trout fishing in rivers and lakes is only 5 to 20 km away, sea fishing and a great area for mountain hiking on the cabins door step. During the winter it is close to a wide range of possibilities for skiing, only a 25 to 90-minute drive to good skiing terrain.

The campsite has pitches for caravans, camper vans and tents. Nautesund Camping & Hytter has good camping cabins of varying standard, all with a shower/WC. Other facilities are cafeteria, snack bar, disabled WC, WC, shower, electrical points, a laundry room with hot and cold water, self-catering, a playground, parking for buses, a guest marina and an area for cleaning/ preparing fish.

At Nautesund Camping & Hytter you can go fishing or take a boat trip in sheltered waters, or take a walk in the woods or mountains all year round. The campsite has boats available for hire as well as a mini-golf course, a court for ballgames and a pool table.

**Location:** At Risnes in Masfjorden Municipality, 2 hours from Bergen and 1.5 hours from the regional centre Knarvik.

**KVAMME RORBU**

5981 Masfjordnes

Tel: +47 56 16 69 88 Fax: +47 56 16 69 89

[rune-lan@online.no](mailto:rune-lan@online.no)

Waterside cabin: 10 beds

**Description:**

Kvamme Rorbu is situated by the mouth of the idyllic Masfjord – right down at the shore.

It is a fantastic starting point for fishing, boating and enjoying the pleasures of the sea. There is a boat for hire. Against the backdrop of the fjord and mountains, there are excellent trails awaiting you in the Masfjord mountains, child-friendly natural surroundings and excellent spots for swimming.

Kvamme Rorbu is a high-standard waterside cabin that sleeps from one to three families. Kvamme Rorbu has a well-equipped kitchen, wood-burning stove, bathroom with shower, two double bedrooms, two single bedrooms and a large open half loft with plenty of space for extra beds. Made-up beds and towels are included.

Kvamme Rorbu has a laundry room and its own "carpenter's shed" – suitable for hobby use and for fishing equipment etc. Kvamme Rorbu has a TV with a satellite dish.

**Location:** At Kvamme in Masfjorden Municipality, 1.5 hour from bergen and 1 hour from the regional centre Knarvik.

**ACCOMMODATION PRICES 2006 / 2007**<http://www.visitnordhordland.no/visartikkel.asp?art=453>

Accommodation	Rooms	Beds	Cabins	NET GROUP/IND. prices per person / cabin		
				Single	Double	Cabin
Alver Hotel	48	88				
Westland Hotel	44	88				
Matre Hotel	6	10 +				
Osterøykroa Minihotel <a href="http://www.visitnordhordland.no/visartikkel.asp?art=502">http://www.visitnordhordland.no/visartikkel.asp?art=502</a>	8	20	1			
Bruvoll Camping & Cabins		55	9			
Nautesund Camping & Cabins		52	13			
Kjelstraumen Brygge – Rooms and Waterside Cabins	9	50	11			
Feste Brygge – Waterside Cabins		12	2			
Krømmerholmen – Waterside Cabins	16+8	40	8	725/ 1600	500/850	1.500 up to 5 p.ex.food
Kvamme Rorbu – Waterside Cabins		10	1			
Kroken Hytte – Waterside Cabin		10	1			
Vågseidestranda Holiday Apartments	3	21	1	350		700
Lygra Gjestegard – Farm and Guesthouse	7	14				
Holmen - Cafe and Accommodation		20	2			
Dyrkolbotn Fjellstue – Mountain Lodge	24	120				
Stordalen Fjellstove - Mountain Lodge	20	50	3	490	390	750
Hellisøy Fyr – Lighthouse Keeper's house		11	1			
Hella Skulestove - Rooms	6	18		350	250	
Rongevær Course and Leisure Center	15	51				

More information <a href="http://www.visitNordhordland.no">www.visitNordhordland.no</a>						+ 47 56 35 16 01
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## RESTAURANTS

<http://www.visitnordhordland.no/visartikkel.asp?art=66>

<u>Restaurant</u>	<u>Capacity</u>	<u>Price range</u>	<u>Website</u>
Alver Hotel	180		<a href="http://www.alverhotel.no">www.alverhotel.no</a>
Westand Hotel	150		<a href="http://www.westlandhotel.no">www.westlandhotel.no</a>
Lindås Brygge	130		<a href="http://www.lindaasbrygge.no">www.lindaasbrygge.no</a>
Kræmmerholmen	60		<a href="http://www.kremmerholmen.no">www.kremmerholmen.no</a>
Garveriet Restaurant	100		<a href="http://www.garveriet.no">www.garveriet.no</a>
Sveins Grill & Osterøy minihotell	100		<a href="http://www.vesttrade.no">www.vesttrade.no</a>
Lynghesenteret	80		<a href="http://www.lynghesenteret.no">www.lynghesenteret.no</a>
Hella Skulestove	80		<a href="http://www.visitnordhordland.no/visartikkel.asp?art=445">http://www.visitnordhordland.no/visartikkel.asp?art=445</a>
Samfunnshuset Skogen	100		+47 56 37 21 01

## 9. CAR FERRY TIMETABLES

<u>Route</u>	<u>Departures</u>	<u>Crossing time</u>	<u>Car incl. driver</u>	<u>Adults</u>	<u>Internet</u>
Lavik-Oppedal	30 times a day	20 mins.	85*	27*	Fjord1.no
Sævrøy-Fedje	11 times a day	30 mins.	76*	27*	hsd.no
Leirvåg-Sløvåg-Skipparvik	16 times a day	25 mins.	63*	24*	„
Masfjordnes-Duesund	21 times a day	10 mins.	44*	19*	„

All prices are stated in Norwegian kroner (NOK). **NB! Fares, times and number of sailings may be subject to change.**

\*2005 prices. Allow for an increase of 4% in the year 2006.

## 10. DISTANCE CHARTS

### E 39 Bergen - Sognefjorden

<u>Bergen</u>	<u>Bergen</u>	<u>Nordhordlandsbrua</u>	<u>Knarvik</u>	<u>Eikangervåg</u>	<u>Masfjordnes</u>	<u>Vikanes</u>	<u>Matre</u>	<u>Stordalen</u>	<u>Oppedal</u>
<u>Nordhordlandsbrua</u>	<u>26</u>								
<u>Knarvik</u>	<u>28</u>	<u>2</u>							
<u>Eikangervåg</u>	<u>42</u>	<u>16</u>	<u>14</u>						
<u>Masfjordnes</u>	<u>80</u>	<u>54</u>	<u>52</u>	<u>38</u>					
<u>Vikanes</u>	<u>62</u>	<u>36</u>	<u>34</u>	<u>20</u>	<u>29</u>				
<u>Matre</u>	<u>86</u>	<u>56</u>	<u>58</u>	<u>44</u>	<u>53</u>	<u>24</u>			
<u>Stordalen</u>	<u>102</u>	<u>76</u>	<u>74</u>	<u>60</u>	<u>69</u>	<u>40</u>	<u>16</u>		
<u>Oppedal</u>	<u>114</u>	<u>88</u>	<u>86</u>	<u>72</u>	<u>81</u>	<u>55</u>	<u>28</u>	<u>44</u>	
<u>Førde</u>	<u>179</u>	<u>149</u>	<u>151</u>	<u>137</u>	<u>146</u>	<u>117</u>	<u>93</u>	<u>109</u>	<u>65</u>

**RV 57 / 565 Bergen - Lindås - Leirvåg - Austrheim**

	<u>Bergen</u>	<u>Nordhord-landsbrua</u>	<u>Knarvik</u>	<u>Seim</u>	<u>Vollom</u>	<u>Lygra</u>	<u>Bru-voll</u>	<u>Lindås</u>	<u>Mong-stad</u>	<u>Leir-våg</u>	<u>Sløvåg</u>	<u>Risnes</u>	<u>Due-sund</u>
<u>Nordhord-</u>	26												
<u>Knarvik</u>	28	2											
<u>Seim</u>	37	11	9										
<u>Vollom</u>	43	17	15	6									
<u>Lygra</u>	49	23	21	12	6								
<u>Bruvoll</u>	44	18	16	7	13	19							
<u>Lindås</u>	53	27	25	16	22	28	9						
<u>Mongstad</u>	69	43	41	32	38	44	25	16					
<u>Leirvåg</u>	71	45	43	34	40	46	27	18	2				
<u>Sløvåg</u>	71	45	43	34	40	46	27	18	2				
<u>Risnes</u>	80	54	52	43	49	55	36	27	11	9	9		
<u>Duesund</u>	90	64	62	53	59	65	46	37	21	19	19	10	
<u>Austrheim</u>	82	56	54	45	51	57	38	29	13	13	13	22	32

**RV 565 / 568 Bergen - Radøy - Austrheim – Fedje**

	<u>Bergen</u>	<u>Nordhord-landsbrua</u>	<u>Knarvik</u>	<u>Alver-sund</u>	<u>Vollom</u>	<u>Lygra</u>	<u>Manger</u>	<u>Bøvågen</u>	<u>Sletta</u>	<u>Austr-heim</u>
<u>Nordhordlandsbrua</u>	26									
<u>Knarvik</u>	28	2								
<u>Alversund</u>	31	5	3							
<u>Vollom</u>	38	12	10	7						
<u>Lygra</u>	44	18	16	13	6					
<u>Manger</u>	53	27	25	22	28	35				
<u>Bøvågen</u>	63	37	36	33	40	46	11			
<u>Sletta</u>	52	26	24	21	28	34	7	9		
<u>Austrheim</u>	63	37	35	32	39	45	18	13	11	
<u>Sævrøy/</u>	70	44	42	39	46	52	25	20	18	7

**RV 564 Bergen - Frekhaug - Skjellanger**

	<u>Bergen</u>	<u>Knarvik</u>	<u>Nordhord-landsbrua</u>	<u>Frekhaug</u>	<u>Holme</u>	<u>Fløk-sand</u>	<u>Ross-land</u>	<u>Skjell-anger</u>	<u>Me-land</u>	<u>Od-land</u>
<u>Knarvik</u>	28									
<u>Nordhord-</u>	26	2								
<u>Frekhaug</u>	28	4	2							
<u>Holme</u>	34	10	8	6						
<u>Fløksand</u>	37	13	11	9	3					
<u>Rosslan</u>	42	18	16	14	8	5				
<u>Skjellanger</u>	53	29	27	25	19	16	11			
<u>Meland</u>	33	9	7	5	11	7	12	23		
<u>Odland</u>	38	14	12	10	16	12	17	28	5	
<u>Litlebergen</u>	28	4	2	2	8	10	15	26	3	7



**NORDHORDLAND TOURIST BOARD**  
Tourist Information Office in Knarvik

Kvernhusaugane 1, Knarvik Senter

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